

Class based worship Key Stage 1

Value: Kindness

Aim: To explore the value of kindness and reflect on the importance of kindness in our everyday life and relationships.

Gathering:

Light candle: (Say together words in bold)

Jesus is the light of the world

Show the image for this week. (A heart reaching out with arrows). Invite children to look at the image for a few moments and then ask them what they think the image is about/what it might be trying to help us think about today.

Engaging:

The story of the paralysed man let down through the roof.

Talk to the children before watching the story about the houses at the time of Jesus especially reminding them that the houses all had flat roofs with steps up the side of the house on the outside.

Explain what 'paralysed' means. The man in this story could not walk. His legs did not work properly.

Watch the video story.

<https://www.youtube.com/watch?v=xaz8AUgK6Lc>

Ask the children who they think showed kindness in the story – the friends/Jesus.

How did they show kindness?

What difference did it make to the man?

Was it easy for the friends to be kind? – remind children about carrying the man/hot weather/climbing up the steps/taking the roof apart/lowering the man down

Why do you think they wanted to show kindness to the paralysed man?

Talk about kindness as being like a super – power. It is something so powerful that it changes the world.

Responding

Reflection

Think of a time when someone has been kind to you.

How did it make you feel?

Think of a time when you were kind to someone else?

How did it make you feel?

Prayer

Either invite a child or children to say some prayers about kindness or use this prayer.

Jesus help us to be kind. Help us to use our super- power of kindness to think about other people before thinking about ourselves.

Amen

Sending

Find a 'Kindness Super – Power' sheet on the internet. Children can either colour it in now or take it away and colour it. As they do they should think about all the ways they can use the super-power of kindness.

Resources needed:

- A copy of the image supplied
- Colouring sheet

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